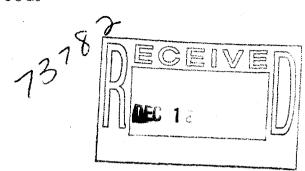


December 7, 2000

Office of Special Nutritionals (HF-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street SW Washington, DC 20204



Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Glucosamine & Chondroitin 2X, a joint health product.

Statements being made in the labeling of Glucosamine & Chondroitin 2X

(1) Glucosamine and Chondroitin are naturally occurring structural components that have enjoyed growing popularity recently. Glucosamine is an amino sugar derived from the chitin of shellfish and is used by the body to support healthy joint structures. Chondroitin complements Glucosamine and works synergistically with it to provide optimal nutritional support.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Now Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza Director, Quality Assurance NOW Foods 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108

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975-0162